

## Testimonials

### Our Clientele

We have coached and delivered our programmes in more than 40 Kindergartens and Childcare Centres such as:-

- ✓ Soka Kindergarten
- ✓ Marymount Kindergarten
- ✓ Jurong Calvary Church Kindergarten
- ✓ PCF Kindergartens and Sparkletots
- ✓ Star Learners Group
- ✓ Cherie Hearts Group and many more!

### Principal of Soka Kindergarten:

"Soka Kindergarten has been engaging the services of BearyFun Gym since 2003. We have been very satisfied with the Gymnastics Movement Programme. The coaches were very patient and firm with the children and taught them well. After going through the programme, the children developed better body control and were less restless during lessons. Parents and teachers also gave positive feedback about the programme. I would highly recommend this programme to schools as it does help in developing the child's physical and social development."

### Parent, Mrs Loh:

"My kids thoroughly enjoy and look forward to the gym sessions every week! With challenging and interesting maneuvers, my kids were never bored. Their balance and reflexes improved significantly, helping them to learn other skills and exercises more easily and more readily. My husband and I are extremely satisfied with the excellent facilities and the professional, friendly and caring instructors. I strongly recommend all parents to enroll their kids in BearyFun Gym!"



## BearyFun gym

### Contact Us

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**Developing Strong Bodies. Alert Minds.**

# About Us



BearyFun Gym is an established company that specializes in Preschool Gymnastics Movement Programme for the past 10 years. We are one of the pioneers in the physical education industry to provide gymnastics movement programmes for young children aged between 18 months to 6 years old. We believe in equipping young children with the essential movement skills and nurturing them to be confident children with healthy bodies and alert minds in a fun and non-competitive environment. We also believe that gymnastics help to build the **foundation** of all sports.



## Founder's Profile

Mr Terran Aw, who is the Founder of BearyFun Gym, started learning gymnastics at Singapore Amateur Gymnastics Association (SAGA) when he was 14 years old. At late 20s, he began to embark on his coaching career - planning and delivering age and developmentally appropriate gymnastics curriculum for young children. He also constantly upgrades himself by attending the kinder gym workshop conducted by either local, America or Australia sports institutions. He derives great joy seeing his young children develop progressively in their gymnastics skills.



## Our Coaches

Our coaches are qualified with accreditations from Singapore Sports Council and Singapore Gymnastics. We are experienced in managing and coaching children of different age groups. With our knowledge of child development and needs, we are able to communicate effectively with the children and facilitate their learning.



"Gymnastics and early childhood movement education is directly attributed to developing neurological pathways in students and promoting reading readiness."

(Barrett, 1998)



## Our Services

### Preschool Gymnastics Movement Programme (18 months to 6 years old)

The Gymnastics Movement Programme aims to develop the enthusiasm for physical activity and promote all-round physical development in our children. We emphasize on teaching the Dominant Movement Patterns (jumping and landing skills, rolling, balance while still or moving, travelling), which are fundamental movement abilities required for work, sport and recreational activities.

#### Age Group

Playgroup / Pre Nursery / Nursery / Kindergarten 1 / Kindergarten 2

#### Benefits

##### Physical

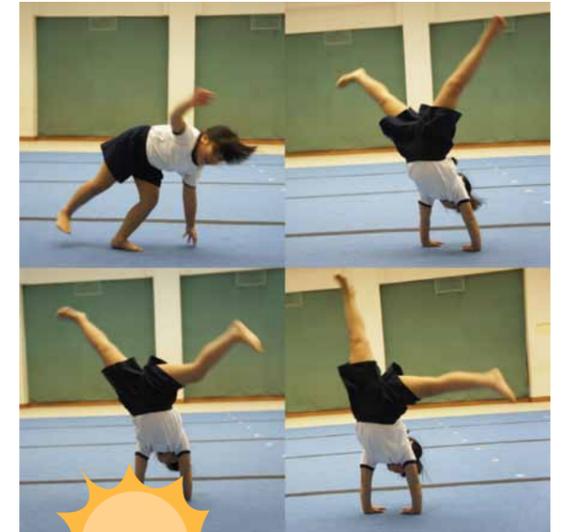
- ✓ Psychomotor & Body Coordination Development
- ✓ Increase in Muscular Strength, Endurance, Flexibility & Agility
- ✓ Knowledge of Break Falling Techniques
- ✓ Gain pre-requisite skill for other sports

##### Cognitive

- ✓ Improved Attention Span
- ✓ Stimulate Brain Development
- ✓ Develop Quick Thinking Skill
- ✓ Mental Skills Training

##### Social

- ✓ Build up Self-Esteem, Determination and Discipline
- ✓ Develop Pro Social Character Traits
- ✓ Cultivate Hard Work Ethic
- ✓ Overcoming Fears



We are available to conduct **FREE** trial at your premise for a preview of our programme!

### Gymnastics Performance @ Annual Concert/ Graduation Day

As part of our continuing efforts to create awareness of the benefits of our programme, the K2 children will be trained to showcase their gymnastics skills in a Gymnastics Performance at their Annual Concert/ Graduation Day!

### Observations and Assessments

An assessment of the child's physical skills will be conducted by the coaches every six months. The content of the assessment reflects the progress of the child towards the physical developmental goals. The results of assessment are used to benefit the children by scaffolding them up to the next level.

